

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

ANNIVERSARY ISSUE

ANTI-AGING MAKEOVERS

Look younger with the top age-fighting products of 2008

BOTOX ALTERNATIVES

Is there a better way to get rid of wrinkles?

PRODUCT SLIMMING SERUM

THE DETAILS: Prescribed Solutions' Body of Knowledge Slimming and Contouring Cream was discussed as part of the "Hot Topics" session on controversial products at a recent meeting of the American Society of Plastic Surgeons (ASPS) in Baltimore. Although it may sound too good to be true, the results of one study claim that this cream may lead to a loss of up to two inches in treated areas. Its proprietary complex strengthens microcapillaries and activates the enzymes that break down fat, thus reducing the amount your body stores. \$135; visit prescribedsolutions.com to find a physician near you

CELEBRITY SECRETS

Liposuction or diet and exercise?

DO YOU ACHIEVE

AGELESS BEAUTY?

BEFORE

AFTER



After using the serum twice a day for 60 days. Source: H. Lund, MD

NEW BEAUTY

FIRM, FLAB-FREE SKIN



PRODUCT
SLIMMING SERUM

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BEFORE **AFTER**



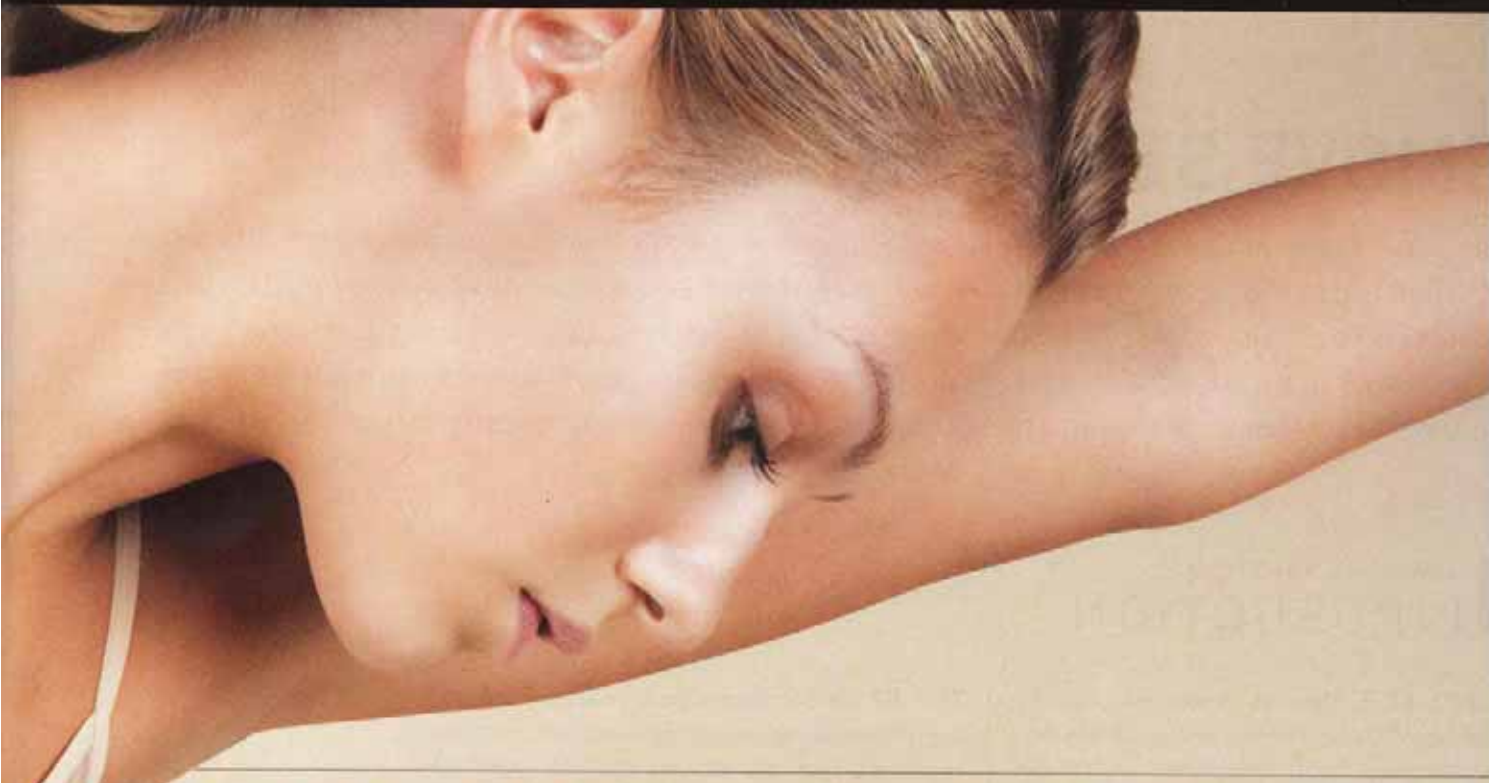
After using the serum twice a day for 60 days.
Source: H. Lund, MD



Body of Knowledge™
Slimming and Contouring Cream

PRESCRIBEDsolutions®
[CUSTOMIZED SKINCARE]

Clinical Results:
"Loss of up to two inches."



SURGERY

VS.

DIET & EXERCISE

WRITTEN BY PAIGE HERMAN-AXEL

WE REVEAL THE 10 BEST WAYS TO GET A THINNER, FIRMER PHYSIQUE

IT TAKES EFFORT TO SLIM DOWN AND TONE UP, EVEN WITH THE ARRAY OF OPTIONS TO FACILITATE FAT LOSS AND HELP CONTOUR OUR CURVES. WHILE DIET AND FITNESS ARE INTEGRAL PARTS OF ANY WEIGHT-LOSS REGIMEN, MEDICAL INTERVENTION, NUTRITIONAL SUPPLEMENTS AND NONINVASIVE TREATMENTS CAN ALSO PLAY A ROLE IN HELPING YOU ACHIEVE YOUR GOALS.